

**Udo's Choice
Green Blend, 9 oz**



Retail Price: ~~36.79~~
Price: \$29.39
 Shipping Weight: 1.52 pounds
YOU SAVE: \$7.40

Udo's Choice Green Blend contains green foods that are rich in chlorophyll, minerals, trace elements and vitamins to help boost stamina and support the body's inherent healing ability.* There are antioxidants to strengthen the immune system and dietary fiber to help maintain proper elimination.* It also contains components of specially selected oil seeds - the best sources of omega 3 and omega 6 essential fatty acids. Udo's Choice Green Blend contains no fillers, binders or other non-nutrient ingredients.

Description

Udo's Choice Green Blend is made from a combination of nutritious whole foods, whole food concentrates and herbal extracts. These premium-quality, all-vegetarian ingredients in this formula have been carefully selected to provide optimum nutrition in a synergistic combination that is both complete and convenient.

Directions

Mix 1 tablespoon (8 g) up to three times daily with a glass of water or juice. Drink plenty of pure water throughout the day. For optimum freshness, keep refrigerated and use within 60 days of opening.

Product Highlights

All-Vegetarian Greens, Fiber & EFA's Dietary Supplement

Warning

Not recommended for those suffering from diarrhea.



Dr. Udo Erasmus, PhD

Other Ingredients: Each 9 oz (255 g) contains a proprietary blend of: Udo's Choice Seed Cake powder (certified organic defatted flax seed*, certified organic defatted sunflower seed*, certified organic defatted sunflower seed*, certified organic defatted sesame seed*, rice bran powder, oat bran powder*), barley grass*, golden flax seed*, alfalfa, rice bran, carrot, sprouted soybean, tomato, oat grass*, rye grass, red beet, cinnamon, stevia leaf, peppermint, ginger, bilberry leaf, bee pollen, chlorella, dulse, spirulina, broccoli, burdock root*, hawthorn berry, kale, kelp,* licorice root, milk thistle, parsley, red clover, chrysanthemum, yucca, almond flavor, Udo's Choice Enzyme Blend (amylase, protease, glucoamylase, invertase, malt diastase, lipase, cellulase, lactase, pectinase, bromelain) lemon grass, beet juice, American ginseng, artichoke, ginkgo extract, psyllium, slippery elm, dandelion leaf, dandelion root, rosemary, sage, thyme, grape seed extract. (*certified organic)

Supplement Facts

Serving Size: 1 tbsp. (8 g)
 Servings per container: about 31

	Amount Per Serving	% Daily Value*
Calories	35	
Calories form Fat	10	
Total Fat	1.5 g	2%
Polyunsaturated Fat	1 g	†
Total Carbohydrate	4 g	1%
Dietary Fiber	2 g	8%
Protein	2 g	4%
Phosphorus	63 mg	6%
Magnesium	30 mg	8%
Potassium	134 mg	4%
Calcium		4%
Iron		7%
Omega 3 Fatty Acids	500 mg	†
Omega 6 Fatty Acids	300 mg	†

† Daily Value not established.

* Percent Daily Values are based on a 2,000 calorie diet.

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